



Kia Ora Koutou,

Warm greetings to our many Jigsaw Whanganui supporters.

I hope you all fared well through lock down and beyond, and have some positives to take away from the experience.

Our agency ethos, kaupapa whānau, underpinned Jigsaw Whanganui's engagement in the Covid-19 response. As an agency, we aspire to mirror how we would like our families to be, when they are at their very best.

Being deemed an essential service, we geared up promptly to ensure our staff could work remotely. We maintained a very high level of cohesion across the team- every morning coming together via zoom for karakia and whānaungatanga, and giving extra attention to processes of peer support.

I would like to give well deserved praise to the team, they adapted to working remotely seamlessly. We were highly innovative in connecting with all families using our services. We tailored the frequency of contact and communication channel (texting, phone, Facetime, zoom) to what worked best for the families. We also utilised our Facebook page and website to provide user friendly resources and information to families. We carried out a wide variety of roles with families: providing information, advice, encouragement, advocacy across health, education and justice systems that were in a state of flux.

We also significantly contributed to the local Health, Police, Civil Defence, MSD and Iwi Integrated Response. This saw us following up nearly 80 Police Family Violence call outs. Our team is now supporting the local Integrated Recovery Plan.

I'm sure you are all onboard with me when I say how incredibly proud I am of the responsiveness of our Jigsaw team to the Covid-19 pandemic.

Turning the focus to our current activities, I hope you will all get behind us and support the Look After Your Local campaign and this years Plumber Dan Duck Race!

Thank you for your ongoing support to our team, it does not go unnoticed!

Noho ora mai,

Tim Metcalfe
Executive Officer



LOOK AFTER YOUR LOCAL

Look After Your Local is a campaign created and championed by Jigsaw Whanganui. Look After Your Local calls the public to get behind their own and combat the inequalities that exist in our local communities, as the effects of COVID-19 further ingrain inequality.

Look After Your Local aims to create awareness around the importance of social service charities in our fight to combat inequality, and hopes to raise funds to aide our work in the community.

2 QUICK & EASY WAYS YOU CAN HELP:

- Like, Follow, and Share @LookAfterYourLocal on Facebook and Instagram if you use these social platforms.
- Email eilish@jigsawwhanganui.org.nz detailing why you are a Jigsaw Whanganui supporter and why you donate to Jigsaw Whanganui. These will be shared on Facebook and can be anonymous if you'd prefer!



It's back! And we need your help!

The Plumber Dan Duck Race will take place on Saturday 14th November, 2020.

We are looking for individuals or businesses to be prize sponsors. If you or your business are keen to be involved please contact Rachael on 06 3451636 for more information. We promise some awesome publicity in return!

Our Lock Down Experience

from Jigsaw Whanganui staff

When we were advised of the various stages of lock down and how each stage would look like for us, my initial thoughts were what do I need to do to prepare myself and my whānau for bringing work home? My next thoughts were around logistics-workspace that wasn't an intrusion on my whānau and resources I would need to ensure I am able to function as normal. When I was able to organise these areas I next implemented boundaries around not being disturbed when I was in my make-shift office, and the usage of devices to ensure my internet connection. Once I made the necessary arrangements with my whānau, my next focus was towards the whānau I am working alongside was secure.

I made initial phone calls to my whānau to check-in and see if they had a plan throughout the lock down period, what supports or resources they would require, and ways to keep their child/ren active and busy. I also used these check-ins to see what the parents needed for their own well being. I was very pleased to hear most of my whānau had already ensured they had enough kai during this period, had delegated one person to get groceries, and alternating this task allowing those with two parents to have a break from home. Whānau were very happy to know, despite not being able to have the usual kanohi – ki te – kanohi approach, that our forms of communication and connecting would still occur via video calling, txt, and phone calls.

During the first 2 weeks of lock down, ongoing weekly contact occurred with whānau as a check-in connect method. I was glad to hear from whānau that they were managing well, and lock down had already provided them with positive memories. One whānau had set-up an 'adult time-out', as well as a 'chill-zone' for the kids. When discussing this they had decided to place some boundaries around this and agreed to no devices.

In the third week of contacting my whānau, they informed me that they were doing well and if there were any concerns, stressors, or they required external support: ie, food-banks, MSD, that they would not hesitate to contact me. As a practitioner I found this very reassuring as it indicated to me how well resourced and equipped whānau were for a national crisis. I have recorded these moments so that I am able to share these with whānau and remind them of their individual strengths and the resilience they displayed throughout this period.

From a Social Worker's perspective working for Jigsaw, the lock down has reiterated how very fortunate and blessed I am to be able to work for an organisation that moves mountains to ensure as a worker my first priority is towards my own whānau and our bubble. I also felt relieved and valued through discussions with those in a position to reassure me with job security as this made my time in lock down stress and worry free, which enabled me to focus on the job at hand.

Nga mihi nui,

Jigsaw Whanganui Social Worker

"The best ever family time! I also enjoyed getting to know my colleagues better personally, through the morning whānaungatanga. And I was able to learn more tools to assist my families during lock down."

Bing

*Social Workers in Schools
Social Worker*

"It was a balancing act between giving attention to my son and working from home. I feel very lucky to have a supportive team to help!"

Catherine

*Parent Learning, and Support
Facilitator*

"I felt really lucky that my return to Jigsaw went ahead, and that my training began during lock down. Yay Jigsaw!"

Denise

Finance Administrator

"I really enjoyed the opportunity to focus some time on professional development. I particularly enjoyed reading the Irrational Ape By David Robert Grimes."

David

*Social Workers in Schools
Team Leader*

GET LOUD FOR YOUR LOCALS

On Saturday 1st August we hosted a free community event at Majestic Square. The main focus of the event Get Loud For Your Locals, was an inequity exercise. This highlighted the inequities people face in our local community. We invited Lamp Studios along to film the exercise so keep an eye out on Facebook for it! Massive shout out to local band, Whiskey Mama, for volunteering their time and talents to play for free at this event- the crowd loved you and we really appreciated it! Check out the photos from the day.



Welcome!

Last month we welcomed the former Rise Stopping Violence Services team

On Monday 20th July Jigsaw Whanganui officially took over the delivery of services previously provided by Rise Stopping Violence Services, with four of the Rise staff joining our team. This merge follows several months of discussion and planning by both organisations. The intention of this merge is to better connect the delivery of family harm prevention programmes with multi-systemic wrap around support for families responding to violence and abuse.





THANK YOU!

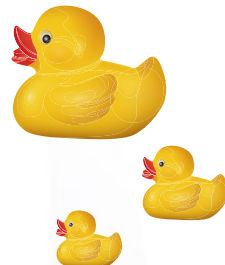
This year we have been lucky enough to receive donations from GOME and Cultivate Yoga. We also received grants from Whanganui Community Foundation and COGS. We are very appreciative of their support and these donations, thank you!

WAYS YOU CAN SUPPORT US...

Want to support Jigsaw Whanganui but you just don't know how? We've put together a small list of things that will go a long way to helping us work alongside families and whanau:

- ✓ Like, follow, and share @LookAfterYourLocal on Facebook and Instagram
- ✓ **Help us find prize sponsors for the 2020 Plumber Dan Duck Race**
- ✓ When selling your house, list it with Jean Clark at Bayleys and mention Jigsaw Whanganui
- ✓ Remember Jigsaw Whanganui in your will
- ✓ Become an EPiC Supporter, see details below

If you would like to support us and the work we do in another way, please give us call, we would be more than happy to have a chat about it!



I would like to support families to be the best they can be!

Please accept my donation of \$_____.

Payment made by:

Cheque ☐

Online bank transfer ☐

Bank transfers can be made to account number 02-0792-0110661-01

Please contact Tim at Jigsaw Whanganui if you would like information on donations by automatic payments or bequest to Jigsaw Whanganui.

Our EPiC Club Supporters donate from \$7.00 per week to support our intensive social work services. If you would like to become an EPiC supporter give us a call on **06 3451636**. Support a local charity and be part of sustainable and meaningful change in people's lives.