



If you are looking for
support for you or
your whānau,
you have come to
the right place.

Help us solve the puzzle!



We need your help to continue our work alongside families. You can join our EPIC supporters' club for as little as \$1 a day and be part of solving the puzzle for a family every day. You will be encouraging families to be the best they can be and put smiles back into their lives.

Donations can be made via our website,
or directly into our bank account:
Jigsaw Whanganui 02-0792-0110661-01

Thank you!

By making a donation to Jigsaw Whanganui, whether large or small, you'll be making sure people who face significant challenges have the support they need to make positive changes in their life.

visit jigsawwhanganui.org.nz/donate



A Safe Space is a space that does not tolerate violence, bullying, or hate speech towards the LGBTQIA+ community.



kaupapa whānau – thriving children, flourishing families

*Jigsaw Whanganui follows the Aotearoa New Zealand
Association of Social Workers (ANZASW) code of ethics*

Registered Charity No. CC22347

Jigsaw

Whanganui

kaupapa whānau – thriving children, flourishing families



jigsawwhanganui.org.nz

Jigsaw Whanganui works with local families' strengths, resources and hopes - to be the best for their children.

We can support your family and whānau to:

- Enjoy your children
- Be confident and proud
- Learn more parenting skills
- Manage children's difficult behaviour
- Understand how your children thrive
- Understand your own feelings and behaviour
- Stop violent and abusive behaviour
- Be well
- Connect with other services like health, education, legal, counselling, income support and help you get what you need from them.

Our support network is here to help all whānau:



Social Work



Family Harm Prevention Programmes



Programmes for Parents



Advice and Support Information for Families

No two situations are ever the same, we'll work with your whānau in the ways that best suit you.

Our services are free.

Our professional team offers the following services

Social Work

Home based, intensive social work support for families under stress

On-going home visits to support families and whānau working towards their goals and aspirations

Social Workers in Schools (SWiS)

Supporting whānau and families in their home and at school so their children can be the best they can be

Programmes for Parents

The Incredible Years

Building relationships with your children

The White Water Years

Keeping relationships alive with your teens and pre-teens

MAPPS (Mothers Addressing Past Pain)

A therapeutic programme for mothers

Building Awesome Whānau

Building your whānau on aroha

Family Harm Prevention Programmes

Group and individual programmes to help people seeking to grow safe, trusting, and respectful family relationships.

Men: Building Respectful Relationships

Women: Building Respectful Relationships

Youth: Building Respectful Relationships



**No shoulds
No judgements**

Just lots of useful stuff!

Family and whānau are invited to contact us. You can phone us or call in for a chat.

You can also contact us through facebook, or our website.

Contact us

Suite 10, 236 Victoria Ave

PO Box 4295, Whanganui

Phone: 06-345 1636

email: admin@jigsawwhanganui.org.nz

Web: jigsawwhanganui.org.nz

FB: [jigsawwhanganui](https://www.facebook.com/jigsawwhanganui)

Office hours: 8:30am - 5:00pm Monday - Friday



**SERVICES AVAILABLE IN
WHANGANUI • RANGITĪKEI • RUAPEHU**