

The Incredible Years

Jigsaw 
Whanganui

kaupapa whānau – thriving children, flourishing families



The Incredible Years

A learning and support group for parents and caregivers wanting to enjoy the social and emotional development of their children and tamariki aged 3-7 years.

It aims to provide practical skills to build our confidence in areas such as:

- Growing relationships with our children and tamariki through play
- Encouraging behaviours we want to see more of
- Effective communication
- Dealing with specific problem behaviours such as meltdowns, not listening, fighting, and attitude.



**No shoulds
No judgements**

Just lots of useful stuff!

Our Kaimahi are very happy to meet with you to discuss how our groups could work for you.

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jigsawwhanganui.org.nz