

White Water Years

Jigsaw 
Whanganui
kaupapa whānau – thriving children, flourishing families



White Water Years (WWY)

A learning and support group, developed by Jigsaw Whanganui, for parents and caregivers of pre-teens and teens. It provides ways for us to explore and discover how we can parent alongside our tamariki and children as they grow through their teen years.

It aims to build skills and confidence in areas such as:

- Relationship and connection with our teens
- Respectful communication in our whānau
- Strategies to respond to our teens needs
- Understanding developmental stages of teens.



**No shoulds
No judgements**

Just lots of useful stuff!

Our Kaimahi are very happy to meet with you to discuss how our groups could work for you.

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